

Condé Nast Traveller

MAY 2017 £4.75

Our favourite
Holidays in Europe
right now

BEACH HIDEAWAYS IN
ITALY & GREECE
SMART SPA WEEKENDS

TURKEY

ALAVYA

To go all the way to charming Alaçati and then hole up straight away in a spa would be a shame. The chichi village has fantastic culture, art and antiques, great shopping, and streets busy with people sipping coffee in pavement cafes. And when the social scene, the foodie whirlwind or the Turkish sun takes its toll on energy levels, you'll need somewhere to slink away to. Alavya's retreat, Miboso, isn't a message room tucked away in a dark basement with whale music and oils shipped halfway across the world. It's a holistic hideaway. Big-hearted, soulful and beautiful, with blonde wood and bronze interiors cocooning guests while they lie back on caramel-coloured buffed-leather daybeds and savor a hot cup of chai. Yes, you can have a heavenly massage and sweat in the infrared sauna, but there are also detox programmes, personal training and Pilates sessions. You'll be hard pushed to find better than Alavya. And unlike many places, children are encouraged to

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